



**PROCLEAN 3020/3010/3030/  
3040 MIRROR/3050/3060 MIRROR**

Microondas de 20 litros de capacidad/20-litre capacity microwave



Manual de instrucciones  
Instruction manual  
Manuel d'instructions  
Bedienungsanleitung  
Manuale di istruzioni  
Manual de instruções  
Instructiehandleiding  
Instrukcja obsługi  
Návod k použití

## 7. RECICLAJE DE APARATOS ELÉCTRICOS Y ELECTRÓNICOS



Este símbolo indica que, de acuerdo con las normativas aplicables, el producto y/o la batería deberán desecharse de manera independiente de los residuos domésticos. Cuando este producto alcance el final de su vida útil, deberás extraer las pilas/baterías/acumuladores y llevarlo a un punto de recogida designado por las autoridades locales.

Para obtener información detallada acerca de la forma más adecuada de desechar sus aparatos eléctricos y electrónicos y/o las correspondientes baterías, el consumidor deberá contactar con las autoridades locales.

El cumplimiento de las pautas anteriores ayudará a proteger el medio ambiente.

## 8. GARANTÍA Y SAT

Cecotec responderá ante el usuario o consumidor final de cualquier falta de conformidad que exista en el momento de la entrega del producto en los términos, condiciones y plazos que establece la normativa aplicable.

Se recomienda que las reparaciones se efectúen por personal especializado.

Si detecta una incidencia con el producto o tiene alguna consulta, póngase en contacto con el Servicio de Asistencia Técnica oficial de Cecotec a través del número de teléfono +34 96 321 07 28.

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## 1. PARTS AND COMPONENTS

Fig. 1

Fig. 2

1. Safety door-interlock system
2. Observation window
3. Turntable shaft
4. Turntable ring assembly
5. Turntable
6. Control panel
7. Mica plate

### NOTE:

The graphics in this manual are schematic representations and may not exactly match the product.

## 2. BEFORE USE

- This appliance is packaged in a way as to protect it during transport. Take the appliance out of its box and remove all packaging materials. You can keep the original box and other packaging elements in a safe place. This will help you prevent product damage when transporting it in the future. In case the original packaging is disposed of, make sure all packaging materials are recycled accordingly.
- Make sure all parts and components are included and in good conditions. If there is any piece missing or in bad conditions, contact the official Cecotec Technical Support Service immediately.
- The product must be placed on a flat, stable, and dry place and kept away from corrosive materials, heat, and humidity, such as gas burners or water.
- To ensure enough ventilation, minimum distances have to be kept:
  - From the back part to the wall: 10 cm
  - From the side to the wall: 5 cm
  - Free distance from the top surface: 20 cm
  - From the microwave to the ground: 85 cm
- The product must be placed at least 5 m away from TVs, radios, or antennas.
- The product must be placed in such way that the plug is accessible and must ensure an effective grounding in case of leakage in order to avoid electric shocks.
- The microwave door must be closed in order to operate.
- In case there is any manufacturing remains in the microwave cavity or on the heating

elements, leave the microwave open to ensure good ventilation. In such case, it is recommended to heat a glass of water at high power for several times.

Warning

Do not try to remove the mica plate. This component is essential for the proper functioning of the device. The mica plate must be clean to ensure its proper operation.

3. OPERATION

- Connect the appliance to a power outlet. Before connecting it, make sure the timer is set on Zero position. (OFF)
- Do not block the microwave ventilation screen.
- Place the food on the glass tray and close the door. Food must be placed on a container, never directly on the rotary plate.
- Select power level.
- Program timer. If the cooking time is less than 10 minutes, turn the timer knob passed 10 minutes and then take it back to the desired number of minutes.
- Once the timer is programmed the microwave will start operating. If pausing is needed during operation, open the door at any time. Once the door is closed again, the product will resume operation.
- When the timer times out and the cooking is finished, a bell will ring and the inside light will automatically turn off. If food is removed from the microwave before the bell rings, make sure you put the timer back to Zero position in order to avoid it from operating empty.

Control panel

Fig. 3

1. Low power
2. Defrost
3. Medium-Low power
4. Medium power
5. Medium-High power
6. High power

Timer

- The maximum cooking time that can be set is 30 minutes.
- Each setting is 1 minute.
- A bell will ring when the cooking process finishes and the timer will go back to Zero position.

Power selector

There are 6 power levels:

|                   |                   |                   |
|-------------------|-------------------|-------------------|
| High power        | 100% power output | Quick cooking     |
| Medium-High power | 85% power output  | Normal cooking    |
| Medium power      | 66% power output  | Simmer            |
| Low power         | 40% power output  | Beverages or soup |
| Defrost           | 37% power output  | Defrost           |
| Low power         | 17% power output  | Keep warm         |

The following table shows different food's approximate defrosting time:

| Food type | Weight     | Defrosting time (minutes) |
|-----------|------------|---------------------------|
| Meat      | 0.1~1.0 kg | 1:30~26:00                |
| Poultry   | 0.2~1.0 kg | 2:30~22:00                |
| Seafood   | 0.1~0.9 kg | 1:30~14:00                |

These timeframes are approximate and depend on a number of factors.

4. TIPS

- Food arrangement: place the thickest food parts towards the edge of the turntable. If possible, do not overlap food.
- Watch cooking time: Cook for the shortest amount of time at first, and add more minutes in case it is necessary. Over-cooking may result in smoke and burns.
- Cover food while cooking: covering the food you are going to cook avoids spattering and allows for a more even cooking.
- Flip or stir food once during the cooking process.
- Respect pre-heating time. Pre-heating time specified on the food's label must not be exceeded.

| Container material     | Microwave | Warnings                                                                                                                                                                                                                                                                 |
|------------------------|-----------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Browning dish          | Yes       | Follow the manufacturer's instructions. The bottom of the browning dish must be at least 5 mm above the turntable. A misuse may break the turntable.                                                                                                                     |
| Dinnerware             | Yes       | Suitable for microwaves only. Follow the manufacturer's instructions. Do not use cracked or chipped dishes.                                                                                                                                                              |
| Glass jars             | Yes       | Always remove the lid. Use them only to slightly heat food. Most glass jars are not heat resistant and may break.                                                                                                                                                        |
| Glassware              | Yes       | Heat-resistant microwave glassware only. Make sure there is no metallic trim. Do not use cracked or chipped dishes.                                                                                                                                                      |
| Microwave cooking bags | Yes       | Follow the manufacturer's instructions. Do not close with a metal tie. Make slits to allow steam to escape.                                                                                                                                                              |
| Paper towels           | Yes       | Use to cover food for reheating and absorbing fat. Use with care for short-term cooking/warming only.                                                                                                                                                                    |
| Baking paper           | Yes       | Use as a cover to prevent splattering or a wrap for steaming.                                                                                                                                                                                                            |
| Plastic                | Yes       | Microwave-safe only. Follow the manufacturer's instructions. It must be labelled as "Microwave-safe". Some plastic containers soften, as the food inside gets hot. Boil-in bags and closed plastic bags should be cut or punctured slightly if indicated on the product. |

|                                 |     |                                                                                                                        |
|---------------------------------|-----|------------------------------------------------------------------------------------------------------------------------|
| Plastic wrap                    | Yes | Microwave-safe only. Use it to cover food during cooking and retain moisture. Do not allow plastic wrap to touch food. |
| Thermometers                    | Yes | Microwave-safe only (meat and candy thermometers).                                                                     |
| Aluminium tray                  | No  | May cause arcing. Move food into a microwave-safe dish or container.                                                   |
| Food carton with metal handle   | No  | May cause arcing. Move food into a microwave-safe dish or container.                                                   |
| Metal or metal-trimmed utensils | No  | Metal shields the food from microwave energy. The metal trim could cause an electric arc.                              |
| Metal twist ties                | No  | May cause arcing. Move food into a microwave-safe dish or container.                                                   |
| Paper bags                      | No  | May cause a fire in the microwave.                                                                                     |
| Plastic foam                    | No  | Plastic foam may melt or contaminate the liquid inside when exposed to high temperature.                               |
| Wood                            | No  | Wood may dry out inside the microwave and may split or crack.                                                          |

## 5. CLEANING AND MAINTENANCE

- **Warning:** the device, as well as food rests, must be cleaned and removed regularly.
- Disconnect the power cord from the wall socket before cleaning. Do not immerse the

product in water or any other fluid during cleaning.

- Failure to maintain the product in clean conditions could lead to surface deterioration and could adversely affect the product's shelf life.
- Never use strong detergents, abrasive powders, or a metal brush to clean any part of the product.
- Do not remove the mica plate.
- When the microwave has been used for a long time, some strong odours may arise from inside. To eliminate these odours, follow one of the below methods:

1. Fill a 300-ml cup with water and add some lemon slices. Place it inside the microwave and heat it at high power for 5 minutes.
2. Place a cup of red tea inside the microwaves and heat it at high power for 2 or 3 minutes.
3. Use a soft, damp cloth to clean the gaskets, door, interior walls, and turntable.

## 6. TECHNICAL SPECIFICATIONS

Product reference: 01520/ 01522/ 01524/ 01526/ 01528/ 01530

Product: ProClean 3020/ ProClean 3010/ ProClean 3030/ ProClean 3040 Mirror/ProClean 3050/ ProClean 3060 Mirror

Microwave power: 700 W

Power consumption: 1150 W

Microwave frequency: 2450 MHz

Voltage and frequency: 230 V AC , 50 Hz

Capacity: 20L

Technical specifications may change without prior notification to improve product quality.

Made in China | Designed in Spain

## 7. DISPOSAL OF OLD ELECTRICAL AND ELECTRONIC APPLIANCES



This symbol indicates that, according to the applicable regulations, the product and/or batteries must be disposed of separately from household waste. When this product reaches the end of its shelf life, you should dispose of the cells/batteries/accumulators and take them to a collection point designated by the local authorities.

Consumers must contact their local authorities or retailer for information concerning the correct disposal of old appliances and/or their batteries. Compliance with the above guidelines will help to protect the environment.

## 8. TECHNICAL SUPPORT AND WARRANTY

Cecotec shall be liable to the end user or consumer for any lack of conformity that exists at the time of delivery of the product under the terms, conditions, and deadlines established by the applicable regulations.

It is recommended that repairs be carried out by qualified personnel.

If at any moment you detect any problem with your product or have any doubt, do not hesitate to contact the official Cecotec Technical Support Service at +34 963 210 728.

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## ČEŠTINA

Technické specifikace se mohou změnit bez předchozího upozornění za účelem zlepšení kvality produktu.

Vyrobeno v Číně | Navrženo ve Španělsku

## 7. RECYKLACE ELEKTRICKÝCH A ELEKTRONICKÝCH ZAŘÍZENÍ



Tento symbol označuje, že v souladu s platnými předpisy musí být produkt a/nebo baterie zlikvidovány odděleně od domovního odpadu. Po skončení životnosti tohoto výrobku byste měli baterie/akumulátory vyjmout a odnést na sběrné místo určené místními úřady.

Podrobné informace o tom, jak správně likvidovat elektrická a elektronická zařízení a/nebo baterie, by měli spotřebitelé získat od místních úřadů.

Dodržování výše uvedených pokynů přispěje k ochraně životního prostředí.

## 8. ZÁRUKA A TECHNICKÝ SERVIS

Společnost Cecotec odpovídá konečnému uživateli nebo spotřebiteli za jakýkoli nesoulad, který existuje v době dodání výrobku za podmínek a ve lhůtách stanovených platnými předpisy. Doporučuje se, aby opravy prováděl kvalifikovaný personál.

Pokud zjistíte problém s výrobkem nebo máte jakékoli dotazy, obraťte se na oficiální technickou podporu společnosti Cecotec na čísle +34 96 321 07 28.

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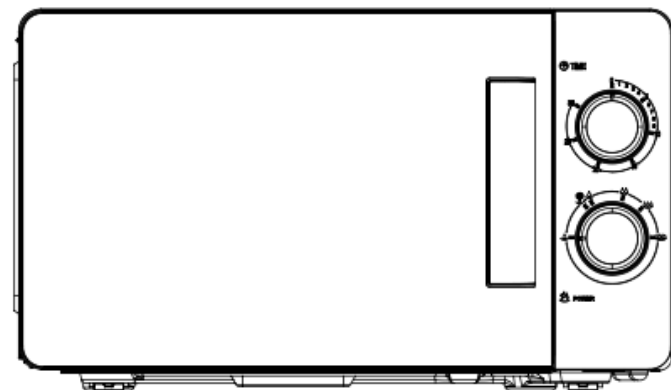


Fig./Img./Abb./Rys./Obr. 1

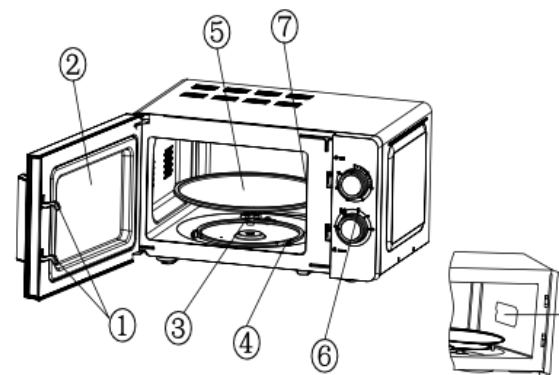


Fig./Img./Abb./Rys./Obr. 2

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